

# 7th International Conference of Lifestyle Medicine (ICLM 2026)

## Conference Registration Guide

For the best experience, we recommend completing your registration on a laptop or desktop computer.

### 1. Access the Registration Portal

Visit: <https://lmic.riphah.edu.pk/>

Click Register Now! This will take you to the registration page

### 2. Sign In

Log in using your **email address** and **password**.

⚠ You may need to reset your password before logging in. Please read the password instructions carefully.

### 3. Select the Conference

From your dashboard, click **7th International Conference of Lifestyle Medicine (ICLM 2026)**.

### 4. Continue Registration

Click **Continue Registration**.


### 5. Choose Your Registration

- Select **In-Person** or **Online** attendance.
- Select the **Pre-Conference Workshop(s)** you wish to attend.
- **Pre-conference workshops are available only to registered conference participants.**

### 6. Add to Cart

Scroll to the bottom of the page and click **Add to Cart**.

### 7. Review Your Order

- Verify your selections.
- Apply the **Early Bird Discount** (*valid until 25 July 2020*).
- Apply your **PALM Membership Discount** (if applicable).
  -  Please note: The PALM member discount will only be applied if you sign in using the **same email address** associated with your PALM membership.

### 8. Checkout

Click **Proceed to Checkout**, complete required info. Then click **Complete Order**.

## 10. Make Your Payment

A message will prompt you to **check your email** or visit **Bills s Payments**.

Choose one of the following payment methods:


- **Cash Deposit** at any branch of the designated bank.
- **KUICKPAY** via Internet or Mobile Banking (*Bill Payments* → *KUICKPAY*).
- **Debit/Credit Card**.
- **Bank Instrument** (*PO/DD/BC in favour of the specified account title*).

## 11. Confirmation

Once payment is received:

- You will receive a **confirmation email** for your payment and registration.
- Confirm your registration under **Registered Events** in the drop-down menu.
- Download/access your **Conference Pass** from the **User** section.

 **For any registration-related queries or technical support, please contact:**

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 **Congratulations!**

You are successfully registered for the **7th International Conference of Lifestyle Medicine (ICLM 2026)**. We look forward to welcoming you!