

7th International Conference of Lifestyle Medicine (ICLM 2026)

Conference Registration Guide

For the best experience, we recommend completing your registration on a laptop or desktop computer.

1. Access the Registration Portal

Visit: <https://lmic.riphah.edu.pk/>

Click Register Now! This will take you to the registration page

2. Sign In

Log in using your **email address** and **password**.

3. Select the Conference

From your dashboard, click **7th International Conference of Lifestyle Medicine (ICLM 2026)**.

4. Continue Registration

Click **Continue Registration**.

5. Choose Your Registration

- Select **In-Person** or **Online** attendance.
- Select the **Pre-Conference Workshop(s)** you wish to attend.
- **Pre-conference workshops are available only to registered conference participants.**

6. Add to Cart

Scroll to the bottom of the page and click **Add to Cart**.

7. Review Your Order

- Verify your selections.
- Apply the **Early Bird Discount** (*valid until 25 July 2026*).
- Apply your **PALM Membership Discount** (if applicable).

8. Checkout

Click **Proceed to Checkout**, complete required info. Then click **Complete Order**.

9. Make Your Payment

A message will prompt you to **check your email** or visit **Bills & Payments**.

Choose one of the following payment methods:

- **Cash Deposit** at any branch of the designated bank.
- **KUICKPAY** via Internet or Mobile Banking (*Bill Payments* → *KUICKPAY*).
- **Debit/Credit Card**.
- **Bank Instrument** (*PO/DD/BC in favour of the specified account title*).

10. Confirmation

Once payment is received:

- You will receive a **confirmation email** for your payment and registration.
- Confirm your registration under **Registered Events** in the drop-down menu.
- Download/access your **Conference Pass** from the **User** section.

Congratulations!

You are successfully registered for the **7th International Conference of Lifestyle Medicine (ICLM 2026)**. We look forward to welcoming you!